



PONTI KRITI IS A MULTILINGUAL GREEK HORSEWOMAN WHO OFFERS A UNIQUE, EMPOWERING EXPERIENCE FOR HORSES AND HUMANS.

I HELP HORSES AND HUMANS DEVELOP:

FEEL

EMOTIONAL BALANCE

STRONG COMMUNICATION

CONFIDENCE

CONNECTION

PHYSICAL BALANCE

SELF-CONTROL

SAFE EXPRESSION

A MUTUALLY REWARDING RELATIONSHIP ON THE GROUND AND UNDER SADDLE

I HAVE STUDIED UNDER A VARIETY OF MENTORS, INCLUDING:

Warwick Schiller | Charles de Kunffy | Visconte Simon Cocozza | Mirka Crew | Madison Shambaugh | Katy Negranti | Patrick King | Anja Beran | Jillian Kreinbring | JJ Tate | Jim Masterson | Julie Goodnight | Ariana Sakaris | Elsa Sinclair | Sharon Wilsie | Sue Watkins

MY MENTORS AND I ALL HAVE SOMETHING IN COMMON: A LOVE FOR THE HORSE, A DESIRE TO SEE THINGS FROM THE HORSE'S PERSPECTIVE, AND A ZEST FOR LEARNING AND PERSONAL GROWTH.

I COMPETED:

In **Polo** in the USA and Argentina and in **Working Equitation** in the USA at Level 2 (Novice A) with my Lusitano gelding Leonidas; he and I plan to help this sport take root in Greece starting in 2024.