

## Testimonials for Ponti Kriti's Empowering Clinics/Lessons

See my work reel and more testimonials at: [www.enjoyingtheridetogether.com](http://www.enjoyingtheridetogether.com)

From **Stephanie** at Keep Stables, November 2021

**"I have taken lessons, audited, watched videos and read books on groundwork for years but never really "got it" until I took the clinic and now continuing lessons with Katerina. The bond I have developed with my young thoroughbred mare through working with Katerina is phenomenal. The initial clinic was informative, clear and fun. During every successive lesson I am able to practice what I have learned, correct mistakes and then learn new things. Katerina walks us through the challenging exercises so we become successful and able to practice at home. Some successes I have had with Karry, my mare, since working with Katerina are going to activities in new places and having the tools to get her relaxed and focused; being more productive in my dressage and working equitation lessons, and having a pleasant horse to work around. She is a favorite with the staff at the barn because her ground manners have become so good. As someone who has attempted groundwork programs with other trainers I can say that I have only been truly *successful* with Katerina."**

From **Linda** at Paradise Stables, Feb 1, 2022:

"[We] did a short mini lesson (about 40 minutes each) with our horses and we had a great time and saw immediate results from our horses which was fun to watch and learn. Katerina was very good at "*hearing*" what the horse was telling her and pointed out things to each owner that they may not have seen. She also helped each owner on their own way of handling the horse. It was fun also and [we] learned as we watched each other interact with our horses. After the lesson our horses were so *relaxed* and would have been great on the trail after, except we didn't have time to do it, but that would be another plus. What happens on the ground often transfers to the saddle. It was a very good experience."

From **Robyn** at Congressional Polo Club, Jan 29, 2022:

"Katerina [uses a combination of negative and positive reinforcement with an emphasis on listening to the horse] and I learned how to *release* when the mare had performed correctly. It was so encouraging to see how well Sierra responded to the positive encouragement.

The *transformation* in Sierra in just two months is fantastic. She walks across the paddock to greet me when I arrive. She is holding her head more vertical, flexing at the poll, and her hindquarters are beginning to round out and become more muscular.

From **MaryBeth** in Clarksburg, MD, May 2021:

"We love our horses! *Bonding* with them is a vital need in order to truly understand them and know they love being with us. I have an OTTB who was mistrusting and anxious. This blocked the desire to be close to me which was so important for my psyche as well. I happened upon a video of Ponti Kriti and immediately felt a connection with her and her methods. She allowed the horse to enter her bubble which in turn allowed her to enter theirs. [She used a combination of] positive reinforcement using the element of space, timing and observing the horses reactions and one's own. Ponti showed me how to maneuver my horse around the arena where my mare felt engaged, safe and free to think about her actions. It was enlightening to use Ponti's methods and see them work and develop on my own time with my mare. We have bonded in a way I never imagined would develop. My horse looks to me for affection and direction. She now craves my attention and is moving in a positive light. This will translate into anything I want to do with her. If you want to truly get to know your horse and be able to develop these methods on your own look to Ponti Kriti for the best direction you can ever acquire."

From **Judy** at Keep Stables, November 2021

"It has been a lot of fun, and I'm looking forward to building a better *relationship* with [my horse] going forward. I'm learning a lot about myself in the process; things I'm doing well and 'lots' of things that I need to work on. ; ) Your kind and insightful approach has been eye-opening. It's always helpful to see yourself through another lens."

### **Testimonials from Two-Day Clinic Participants Grove City, PA- October 16-17, 2021**

When asked what was their overall satisfaction:

"10" Excellent / "I always love finding new ways to work with horses. You taught me many things. I can't wait to use this." / "What I learned from you will go a long way in helping me be the best I can be for my girls." / "...you lift [up] those around [you] with your amazing energy."

### **Testimonials from Clinic Participants - April 17, 2021**

"...I feel I can really 'read' my horse, her feelings, moods..." / "I am seeing results every day!" / "There was helpful refinement on the timing of release of the 'ask'" / "I have noticed a difference in our relationship after the 1st clinic a few weeks ago."

### **Testimonials from Clinic Participants, Keep Stables - March 20, 2021**

"....this is the first time it all made sense." / "...I knew about acknowledging your horse's "feelings" (awareness) but didn't know how to put it into practice until the clinic..." / "Yesterday I spent about 30 minutes with the groundwork before riding--amazing difference in our pre-ride relationship; worth the time and effort."